



TIME TRACKER PROGRAM™



EXECUTIVE FUNCTION PROGRAM

Ideal for Students Who:

- Lose track of time
- Need reminders to get started
- Feel overwhelmed by assignments
- Struggle with planning and organization

Students will Develop:

- Time awareness and management
- Planning and organization skills
- Attention and task completion
- Self-regulation and motivation
- Goal-setting and problem-solving

Program Details:

8 weekly, 1-hour group sessions led by a Speech and Language Pathologist, beginning fall semester 2026.

The Time Tracker Program™ is an evidence-based program developed by Sarah Ward, MS, CCC/SLP, and Kristen Jacobsen, MS, CCC/SLP. The goal is to help students transition from adult-directed planning to independent self-management. Through hands-on activities, students learn to sense the passage of time and strengthen their ability to plan and complete tasks on their own.

3RD-5TH GRADE | 6TH-8TH GRADE | HIGH SCHOOL

Program can be provided in small groups and individually.

Times and dates will be decided according to student and therapist availability.

Call or email for further information.



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LIMITED SPOTS AVAILABLE. CONTACT MARA LANE MARA.LANE8@GMAIL.COM
OR CALL COMPREHENSIVE SLP 847.291.0700 TO REGISTER.